

# WORCESTER PARKS & RECREATION



The City of  
**WORCESTER**  
Department of Public Works & Parks



## YOUTH SPORTS SKILL-BASED PROGRAMS

**Skyhawks Sports Academy** provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

### SUMMER 2023

#### MULTI-SPORT (BASEBALL, FLAG FOOTBALL & SOCCER)

*Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.*

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA153549	6/26 - 6/29	M,T,W,T	9:00 a.m. - 1:00 p.m.	7-12	\$125	Beaver Brook Playground
SSA153554	7/17 - 7/20	M,T,W,T	9:00 a.m. - 1:00 p.m.	7-12	\$125	Beaver Brook Playground

#### MINI-HAWK® (BASEBALL, BASKETBALL & SOCCER)

*This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace.*

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA153558	6/26 - 6/29	M,T,W,T	9:00 a.m. - 1:00 p.m.	5-6	\$125	Beaver Brook Playground

#### BEGINNING GOLF

*Participants will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided.*

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA153550	7/05 - 7/07	W,T,F	9:00 a.m. - 1:00 p.m.	5-8	\$95	Beaver Brook Playground

**NOTES:** Camps are M-Th with Friday as a rain back up

The Worcester Public Schools is not responsible for, or connected with, any aspect of this program and participation in this program is the sole decision and responsibility of the parent/guardian. NOTE: The Worcester Public School will provide a nut-free breakfast and bagged lunch to all participants at no additional charge.



**SPACE IS LIMITED!**

**REGISTER TODAY »**

**Online:**  
[skyhawks.com](https://skyhawks.com)

**Phone:**  
**800.804.3509**

## FLAG FOOTBALL

*Skyhawks Flag Football Fueled by USA Football is an exciting introduction to America's favorite game! Using skills and drills from the Football Development Model, developed by the experts at the sport's national governing body – USA Football – coaches will teach the key concepts of passing, receiving, running, kicking, punting and flag pulling, all presented in a positive environment with a focus on critical life lessons such as teamwork and sportsmanship.*

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA153552	7/10 - 7/13	M,T,W,T	9:00 a.m. - 1:00 p.m.	6-12	\$125	Beaver Brook Playground

## FIELD HOCKEY

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA153556	7/31 - 8/03	M,T,W,T	9:00 a.m. - 1:00 p.m.	8-12	\$125	Beaver Brook Playground
SSA157052	7/31 - 8/03	M,T,W,T	9:00 a.m. - 1:00 p.m.	5-7	\$125	Beaver Brook Playground

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SSA153553	7/17 - 7/20	M,T,W,T	9:00 a.m. - 1:00 p.m.	5-6	\$125	Beaver Brook Playground

## BASKETBALL

*This fun, skill-intensive program is designed for beginning to intermediate players. Using our progressional curriculum, we focus on the whole player -teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages.*

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA157051	7/24 - 7/27	M,T,W,T	9:00 a.m. - 1:00 p.m.	5-7	\$125	Beaver Brook Playground
SSA153555	7/24 - 7/27	M,T,W,T	9:00 a.m. - 1:00 p.m.	8-12	\$125	Beaver Brook Playground

## SOCCER CAMP

*Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills.*

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA157053	8/07 - 8/10	M,T,W,T	9:00 a.m. - 1:00 p.m.	5-7	\$125	Beaver Brook Playground
SSA153557	8/07 - 8/10	M,T,W,T	9:00 a.m. - 1:00 p.m.	8-12	\$125	Beaver Brook Playground

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