

## Legal Aid

**Community Legal Aid** provides free civil legal assistance to low-income and elderly residents of Worcester County. (508) 752-3718  
<http://www.communitylegal.org>

**DAWN.** (*Developing Alternatives for Women Now*) provides services for women adjudicated for sex-related offenses. (508) 757-8350  
<https://ywcacm.org/victim-services/>

**Victim Rights Law Center** is the first law center in the nation dedicated solely to advocating for the civil legal needs of sexual assault survivors. (508) 669-7020 or (617) 399-6720 x19 | Español x35  
<http://www.victimrights.org/>

**Worcester Intervention Network (W.I.N.)** is a collaboration of police, prosecutors, and victim advocates to help victims of domestic violence. (508) 799-8610  
<https://ywcacm.org/domestic-violence>

## Housing Assistance

**Central Mass Housing Alliance** helping communities in and around Worcester respond to the needs of the homeless. (508) 791-7265  
<http://www.cmhaonline.org/>

**Homeless Shelter Directory** a website for users to search for homeless shelters in their area to find one that best suits their needs.  
<https://www.homelesshelterdirectory.org/>



**Worcester Housing Authority** focuses on providing residents a place to stay and raise their families that is clean, safe, and supportive. (508) 635-3000  
<http://www.worcesterha.org/>

## Food & Shelter Assistance

**Catholic Charities Worcester County** provides various services from food, family shelter, women's recovery, homecare, and education. (508) 798-0191 | <https://www.ccworc.org/>

**St. John's Catholic Church Hotel Grace** Provides food and temporary shelter for women and men. (508) 756-7165  
<https://stjohnsworcester.org>

**Worcester County Food Bank** distributes food to local food pantry or community meal program. (508) 842-3663. Use this link to find a food distribution site near you  
<https://foodbank.org/find-food/>

## Social Justice/Advocacy

The **Center for Living and Working** works with individuals with disabilities to maximize individual independence and opportunities. (508) 798-0350 | <http://www.centerlw.org/>

**Literacy Volunteers of Greater Worcester** aims to build a more literate community. (508) 754-8056 | <http://www.lvgw.org/>

**National Organization for Women** takes action to bring about the sharing of equal rights, responsibilities, and opportunities between men and women.  
<https://now.org/chapter/worcester-now/>

## Senior Services

**Elder Services of Worcester Area** provides in-home and community services for elders. (508) 756-1545 | <http://www.eswa.org/>



**Worcester Senior Center** offers health and wellness programming, computer classes, and other educational and recreational activities for seniors. (508) 799-1232  
<http://www.worcesterma.gov/senior-center>

## Advisory Committee on the Status of Women

The Advisory Committee on the Status of Women meets on the first Tuesday of every month at 5:45 pm in City Hall.

The Committee's primary function is to formulate, encourage, promote, and monitor programs and policies relative to the status of women in the City of Worcester.

*Interested in women's rights?  
Want to know more?*



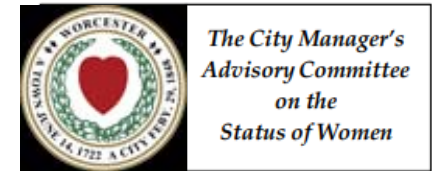
*Get involved!*

We are always looking for new members! The Advisory Committee on the Status of Women welcomes all who are interested in working to address concerns of particular interest to Worcester women.

For more information on how to participate and become a member, please call (508) 799-1995

Or visit our website  
<http://www.worcesterma.gov/ACSW>

This link provides access to a [Google Map for the listed resources.](#)



*The City Manager's  
Advisory Committee  
on the  
Status of Women*

## Services for Women in Worcester

*A Resource Guide*



*"Alone we can do so little;  
together we can do so much."*

*- Helen Keller*

## For Women and Families

**Abby's House** serves female and children victims of domestic violence and homelessness. Offers shelter, housing, advocacy, and educational programs. (508) 756-5486  
<http://www.abbyshouse.org/>

The **Center for Women and Enterprise** enables women to become more economically self-sufficient by helping them start and grow their businesses. (508) 363-2300 <https://www.cweonline.org/>

**Dress For Success Worcester** empowering women to feel their best and obtain guidance for your interview. Also, programs for job retention, training, and career center. (508) 796-5660  
<https://worcester.dressforsuccess.org/>

**Family Services of Central Massachusetts** provides support, guidance, and counseling to individuals and families in need. (508) 756-4646  
<http://www.fscm.org/>

**Hopewell** primarily provides comprehensive foster care services and programs for young adults transitioning out. Offers support to stabilize families involved with DCF and a Share Living Program for adults with disabilities. (508) 755-7100 | <https://hopewellinc.org/>

The **Marie Anne Center** offers a free computer lab, after-school program, and ESL classes. (508) 736-6987 <http://www.marieannecenter.org/>

**Visitation House Inc.** is a caring home providing women of age 18+ with unplanned pregnancies a path to cherish and sustain the life of their babies. (508) 798.8002 | <https://visitationhouse.org/>

The **YWCA of Central Massachusetts** provides transitional housing, childcare, ESL classes, and wellness programs. (508) 791-3181  
<http://www.ywcacentralmass.org/>

## Health

**AIDS Project Worcester** assists persons living with HIV/AIDS and their families and educates the community about sexually transmitted disease prevention. (508) 755-3773  
<http://aidsprojectworcester.org/>

**Family Health Center of Worcester** Provides comprehensive, coordinated health care for the entire family. Including maternal and child health services to residents of Worcester. (508) 860-7700  
<http://www.fhcw.org/en/HealthServices>

**Edward M. Kennedy Community Health Center** is a full-service provider of primary care, medical specialties, dental, mental health, and social services. (508) 852-2122 | (508) 852-1805  
<http://www.kennedychc.org>

**Pernet Family Health Service** provides home-based health and social services to individuals and families. (508) 755-1228 <http://www.pernetfamilyhealth.org/>

**Planned Parenthood - Central Massachusetts** Health Center provides comprehensive and complementary reproductive health care services. (800) 258-4448 <http://www.plannedparenthood.org>

**Women's Health of Central Massachusetts** provides obstetrical and gynecological care for women. (508) 755-4861 | <http://whcma.com/>

**YMCA Domestic Violence** of Central Mass is designed to meet the needs of women and children whose lives are affected by interpersonal violence. All services are confidential and free of charge. 24-hour hotline (508) 755-9030  
<http://www.ywcacentralmass.org>

## Behavioral Wellbeing

**Community Healthlink Inc.** provides youth and family support, substance abuse treatment, outpatient counseling, and homeless outreach. (508) 860-1000  
<http://www.communityhealthlink.org/>

**Everyday Miracles Peer Recovery Support Center** offers recovery-related workshops, training, services, meetings, and social events. (508) 799-6221  
<http://www.everydaymiraclesprsc.org>

**Open Sky Community Services** provides services to individuals with disabilities, behavioral issues, or substance abuse challenges. Housing and homeless services. (508) 755-0333  
<https://www.openskycs.org/>

**Pathways for Change** provides quality services to all persons whose lives have been affected by sexual violence. (800) 870-5905  
<https://www.pathwaysforchange.help/pfc/>

**South Bay Mental Health Center** is a behavioral healthcare center offering adult day services, early intervention programs, and outpatient mental health services. (508) 791-4976  
<https://southbaycommunityservices.com/>

The **Women's Recovery Continuum** at Community Healthlink provides support for women who are recovering from addiction to drugs and/or alcohol. Programs include Faith House, Maranda's House, and Orchard House. (508) 860-1202  
<http://www.communityhealthlink.org>

## Young Women

**The Boys and Girls Club of Worcester** provides education and career development, sports, fitness and recreation opportunities, and life skills for youth. (508) 754-2686 <http://bgcworcester.org/>

**Children's Friend** provides services to meet the mental and emotional needs of children and strengthen families. (508) 753-5425  
<https://www.childrensfriend.org>

**Girls Inc.** provides after-school programs, pre-teen and teen programs, and summer programs to girls Grades K-12. (508) 755- 6455  
<http://www.girlsincworcester.org/>

The **Investing in Girls Alliance** improving services for middle-school girls in greater Worcester via advocacy, education, research, and collaboration. (508) 757-5631 <http://www.investingingirls.org/>

**LUK Inc** offers prevention, counseling, placement, and support services for youth and families. (800) 879-0000 | (508) 762-3000  
<https://www.luk.org/>

The **Worcester Youth Center** free drop-in program for youth between the ages of 14-24 with social, educational, and recreational opportunities. (508) 791-4702  
<http://www.worcesteryouthcenter.org/>

**YOU Inc.** provides child welfare and behavioral health services. (508) 849-5600  
<http://www.youinc.org/>

## Culture

**Ansaar of Worcester** devoted in large part to helping Muslim refugees and immigrants living in the Worcester community. (508) 566-9946  
<https://www.ansaarofworcester.org/>

**Ascentria Care Alliance** service the needs of Worcester's low income, refugee, and immigrant communities. (774) 243-3100  
<https://www.ascentria.org/our-services/worcester-client-center>

**African Community Education** provides educational and community-oriented programs targeted toward African refugee and immigrant children living in Worcester. (508) 799-3564  
<http://www.acechildren.org/>

**Centro Inc.** provides social services for the Hispanic community. (508) 798-1900 | <https://centroinc.org>

**Interfaith Hospitality Network of Greater Worcester** building bridges between congregational and community leaders to serve and nurture homeless families regardless of income and family structure. (508) 755-2212 | <http://ihnworchester.org/>

**Southeast Asian Coalition of Central Massachusetts** enables Southeast Asians to integrate into mainstream society while helping them to preserve their cultural identity. (508) 791-4373 | <http://www.seacma.org>

**Worcester Cultural Coalition** is the unified voice of Worcester's cultural community and provides information on upcoming events in the community. (508) 799-1400  
<https://worcesterculture.org/>

**Worcester Refugee Assistance Project (WRAP)** empowering Burmese refugees toward sustainable self-reliance with programs and education for all family members. (774) 276-1602  
<http://www.worcesterrefugees.org/>