



Blue Care Elect PreferredSM (PPO)

90 With Copayment

[Summary of Benefits](#)

City of Worcester

Your Choice

Your Deductible.

Your deductible is calculated on a plan-year basis.

Your deductible is the amount of money you pay out-of-pocket each plan year before you can receive coverage for most benefits under this plan. Your deductible is the first **\$250** of covered charges per member each plan year (or **\$750** per family).

This deductible does not apply to in-network preventive care services, in-network services for which you pay a copayment, or prescription drugs. This deductible applies to in-network and out-of-network services combined.

When You Choose Preferred Providers.

After your deductible has been met, you pay **10 percent** co-insurance for inpatient hospital, physician, and other provider covered services and some outpatient services. And, for other outpatient services you pay a **\$35** copayment for each visit. After your deductible you also pay a **\$300** per admission copayment for outpatient surgery in facilities other than an office setting. **The plan-year deductible and copayment do not apply to preventive care services. Your copayments do not count toward your deductible.**

Please note: If a preferred provider refers you to another provider for covered services (such as a lab or specialist), make sure the provider is a preferred provider in order to receive benefits at the in-network level. If the provider you use is not a preferred provider, you're still covered, but your benefits will be covered at the out-of-network level, even if the preferred provider refers you.

How to Find a Preferred Provider.

There are several ways to find a preferred provider:

- Look up a provider in the Provider Directory. If you need a copy of your directory, call Member Service at the number on your ID card.
- Visit the Blue Cross Blue Shield of Massachusetts website at www.bluecrossma.com for Massachusetts providers.
- Visit the BlueCard® Provider Finder website at <http://provider.bcbs.com>.
- Call the BlueCard Program at **1-800-810-BLUE (2583)**, 24 hours a day, seven days a week.

When You Choose Non-Preferred Providers.

After your deductible has been met, you pay **30 percent** co-insurance for most out-of-network covered services.

However, you pay 20 percent co-insurance after your deductible for covered out-of-network outpatient services

when the corresponding in-network benefit is covered in full or just a copayment. In Massachusetts, payments to non-preferred providers are based on the allowed charge. Please be aware that this means you may still be responsible for any difference between the allowed charge and the provider's actual charge.

Out-of-Pocket Maximum.

The out-of-pocket maximum applies to in-network and out-of-network covered services combined. When the money you pay for the deductible, co-insurance, and copayments that are more than \$100 per visit (if any) equals **\$3,000** for a member in a plan year (or **\$6,000** per family), benefits for that member (or that family) will be provided in full for those covered services, based on the allowed charge, for the rest of that plan year. The money you pay for prescription drug benefits is not included in calculating the out-of-pocket maximum. You will still have to pay any costs that are not included in the out-of-pocket maximum.

Emergency Room Services.

In an emergency, such as a suspected heart attack, stroke, or poisoning, you should go directly to the nearest medical facility or call **911** (or the local emergency phone number). You pay a **\$150** copayment per visit for in-network or out-of-network emergency room services. This copayment is waived if you are admitted to the hospital or for an observation stay.

There is no deductible for these services.

Utilization Review Requirements.

You must follow the requirements of Utilization Review, which are Pre-Admission Review, Concurrent Review and Discharge Planning, Prior Approval for Home Health Care, and Individual Case Management. If you need non-emergency or non-maternity hospitalization, you or someone on your behalf must call the number on your ID card for pre-approval. Information concerning Utilization Review is detailed in your benefit description and riders. If you do not notify Blue Cross Blue Shield and receive pre-approval, your benefits may be reduced or denied.

Dependent Benefits.

This plan covers dependents up to age 26, regardless of the dependent's financial dependency, student status, or employment status. Please see your benefit description (and riders, if any) for exact coverage details.

Your Medical Benefits

Plan Specifics	Your Cost In-Network	Your Cost Out-of-Network
Plan-year deductible	\$250 per member/\$750 per family for in-network and out-of-network services combined	
Plan-year out-of-pocket maximum	\$3,000 per member/\$6,000 per family for in-network and out-of-network services combined	
Covered Services		
Preventive Health Services Well-child care exams, including related tests, according to age-based schedule as follows: <ul style="list-style-type: none"> • 10 visits during the first year of life • Three visits during the second year of life • One visit per calendar year from age 2 through age 18 	Nothing, no deductible	20% co-insurance after deductible
Routine adult physical exams, including related tests, for members age 19 or older (one per calendar year)	Nothing, no deductible	20% co-insurance after deductible
Routine GYN exams, including related lab tests (one per calendar year)	Nothing, no deductible	20% co-insurance after deductible
Routine hearing exams, including routine tests	Nothing, no deductible	20% co-insurance after deductible
Routine vision exams (one every 24 months)	Nothing, no deductible	20% co-insurance after deductible
Family planning services—office visits	Nothing, no deductible	20% co-insurance after deductible
Other Outpatient Care Emergency room visits	\$150 per visit, no deductible (waived if admitted or for observation stay)	\$150 per visit, no deductible (waived if admitted or for observation stay)
Allergy injections	\$35 per visit, no deductible	20% co-insurance after deductible
Clinic visits; physicians', podiatrists', and chiropractors' office visits	\$35 per visit, no deductible	20% co-insurance after deductible
Mental health and substance abuse treatment	\$35 per visit, no deductible	20% co-insurance after deductible
Short-term rehabilitation therapy—physical and occupational (up to 100 visits per calendar year*)	\$35 per visit, no deductible	20% co-insurance after deductible
Speech, hearing, and language disorder treatment—speech therapy	\$35 per visit, no deductible	20% co-insurance after deductible
Diagnostic X-rays, lab tests, and other tests, including CT scans, MRIs, PET scans, and nuclear cardiac imaging tests (excluding routine tests)	10% co-insurance after deductible	30% co-insurance after deductible
Oxygen and equipment for its administration	10% co-insurance after deductible	30% co-insurance after deductible
Prosthetic devices	10% co-insurance after deductible	30% co-insurance after deductible
Home health care and hospice services	10% co-insurance after deductible	30% co-insurance after deductible
Durable medical equipment—such as wheelchairs, crutches, hospital beds (up to \$1,500 per calendar year**)	10% co-insurance after deductible and all charges beyond the calendar-year maximum	30% co-insurance after deductible and all charges beyond the calendar-year maximum
Surgery and related anesthesia <ul style="list-style-type: none"> • Office setting • Ambulatory surgical facility, hospital, or surgical day care unit 	\$35 per visit, no deductible \$300 per admission after deductible	20% co-insurance after deductible 20% co-insurance after deductible

* No visit limit applies when short-term rehabilitation therapy is furnished as part of covered home health care, and as of your plan's or for the treatment of autism spectrum disorders.

** No dollar limit applies when durable medical equipment is furnished as part of covered home dialysis, home health care, or hospice services.

Your Medical Benefits (continued)

Covered Services	Your Cost In-Network	Your Cost Out-of-Network
Inpatient Care (including maternity care) General or chronic disease hospital care (as many days as medically necessary)	10% co-insurance after deductible	30% co-insurance after deductible
Mental hospital or substance abuse facility care (as many days as medically necessary)	10% co-insurance after deductible	30% co-insurance after deductible
Rehabilitation hospital care (up to 60 days per calendar year)	10% co-insurance after deductible	30% co-insurance after deductible
Skilled nursing facility care (up to 100 days per calendar year)	10% co-insurance after deductible	30% co-insurance after deductible

Healthy Blue Programs

At Blue Cross Blue Shield of Massachusetts we offer you a group of programs, discounts and savings, resources, and tools to help you get the most you can from your health care plan. Call us at **1-800-932-8323** to receive information that outlines these special programs.

www.livinghealthybabies.com	No additional charge
A Fitness Benefit toward membership at a health club (see your benefit description for details)	\$150 per year, per individual/family
Reimbursement for a Blue Cross Blue Shield of Massachusetts designated weight loss program	\$150 per year, per individual/family
Living Healthy Vision SM —discounts on eyewear (frames, lenses, supplies, and laser vision correction surgery)	Discount varies
Safe Beginnings—discounts on home safety items	Discount varies
Blue Care Line SM to answer your health care questions 24 hours a day—call 1-888-247-BLUE (2583)	No additional charge
Living Healthy Naturally SM —discounts on different types of complementary and alternative medicine services such as acupuncture, massage therapy, nutritional counseling, personal training, Pilates, tai chi, and yoga	Up to a 30% discount
Visit www.AHealthyMe.com for an around-the-clock healthy approach to fitness, family, and fun	No additional charge

Questions? Call 1-800-932-8323.

For questions about Blue Cross Blue Shield of Massachusetts, visit the website at www.bluecrossma.com.

Interested in receiving information from Blue Cross Blue Shield of Massachusetts via e-mail?

Go to www.bluecrossma.com/email to sign up.

Limitations and Exclusions. These pages summarize the benefits of your health care plan. The benefit description and riders define the full terms and conditions in greater detail. Should any questions arise concerning benefits, the benefit description and riders will govern. Some of the services not covered are: cosmetic surgery; custodial care; hearing aids; prescription drugs for use outside of the hospital; most dental care; and any services covered by workers' compensation. For a complete list of limitations and exclusions, refer to your benefit description and riders.

Please note: Blue Cross and Blue Shield of Massachusetts, Inc., administers claims payment only and does not assume financial risk for claims.