

Legal Aid

- ◆ **Community Legal Aid** provides free civil legal assistance to low-income and elderly residents of Worcester County. (508) 752-3718 <http://www.communitylegal.org>
- ◆ **D.A.W.N. (Developing Alternatives for Women Now)** provides services for women adjudicated for sex-related offenses. (508) 757-8350
- ◆ **Victim Rights Law Center** is the first law center in the nation dedicated solely for advocating for the civil legal needs of sexual assault survivors. 617-399-6702 x19 <http://www.victimrights.org/>
- ◆ **Worcester Intervention Network (W.I.N.)** is a collaboration of police, prosecutors, and victim advocates to help victims of domestic violence. (508) 799-8610

Housing Assistance

- ◆ **Central Mass Housing Alliance** is committed to helping communities in and around Worcester respond to the needs of the homeless. (508) 791-7265 <http://www.cmhaonline.org/>
- ◆ **www.homelessshelterdirectory.org** allows its users to search for homeless shelters in their area to find one that best suits their needs.
- ◆ **Worcester Housing Authority** focuses on providing residents a place to stay and raise their families that is clean, safe, and supportive. (508) 635-3000 <http://www.worcester-housing.com/>



Social Justice/Advocacy

- ◆ **EPOCA (Ex-Prisoners and Prisoners Organizing for Community Advancement)** works to create resources and opportunities for former offenders. (508) 410-7676 <http://www.exprisoners.org/>
- ◆ **National Organization for Women** takes action to bring about the sharing of equal rights, responsibilities and opportunities between men and women. <http://www.now.org/chapters/ma.html>
- ◆ **Women Together** is a group of local women committed to getting to know their neighbors, seeking opportunities for youth, and building safe neighborhoods. (508) 754-7793 <http://thepinkladieswomentogether.blogspot.com>
- ◆ The **Center for Living and Working** works with individuals with disabilities to maximize individual independence and opportunities. (508) 798-0350 <http://www.centerlw.org/>
- ◆ **Literacy Volunteers of Greater Worcester** aims to build a more literate community. (508) 754-8056 <http://www.lvgw.org/>

Senior Services

- ◆ **Worcester Senior Center** offers health and wellness programming, computer classes, and other educational and recreational activities for seniors. (508) 799-1232 <http://www.worcesterma.gov/ocm/elder-affairs/senior-center/>
- ◆ **Elder Services of Worcester Area** provides in home and community services for elders. (508) 756-1545 <http://www.eswa.org/>



Advisory Committee on the Status of Women

The Advisory Committee on the Status of Women meets on the first Tuesday of every month at 5:30 pm in City Hall.

The Committee's main function is to formulate, encourage, promote, and monitor programs and policies relative to the status of women in the City of Worcester.

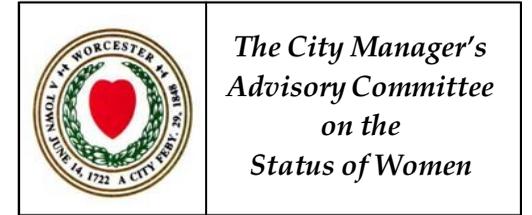
*Interested in women's rights?
Want to know more?
Get involved!*

We are always looking for new members! The Advisory Committee on the Status of Women welcomes all who are interested in working to address concerns of particular interest to Worcester women.

For more information on how to participate and become a member, please call (508) 799-8486
Fax: (508) 799-8490

Web: <http://www.worcesterma.gov/boards-commissions/>

September 2014



*The City Manager's
Advisory Committee
on the
Status of Women*

Services for Women in Worcester *A Resource Guide*



**“Alone we can do so little;
together we can do so much.”**

- Helen Keller

Meeting Women's Needs

For Women and Families

- ◆ The **Marie Anne Center** offers a free computer lab, after-school program, and ESL classes. (508) 736-6987 <http://www.marieannecenter.org/>
- ◆ The **YWCA of Central Massachusetts** provides transitional housing, childcare, and wellness programs. (508) 791-3181 <http://www.ywcacentralmass.org/>
- ◆ **Abby's House** serves female and children victims of domestic violence and homelessness. (508) 756-5486 <http://www.abbyshouse.org/>
- ◆ The **Center for Women and Enterprise** enables women to become more economically self-sufficient by helping them start and grow their own businesses. (508) 363-2300 <http://www.cweboston.org/>
- ◆ **Family Services of Central Massachusetts** provides support, guidance, and counseling to individuals and families in need. (508) 756-4646 <http://www.fscm.org/>



- ◆ **Dare Family Services** primarily provides a highly intensive type of foster care service. Other services include support for pregnant teens and people with disabilities. (508) 755-7100 <http://www.darefamily.org/>

Health

- ◆ **Worcester Healthy Start Initiative** provides maternal and child health services to residents of Worcester. (508) 860-7700
- ◆ **Women's Health of Central Massachusetts** provides obstetrical and gynecological care for women in three locations: Worcester, Marlborough, and Webster. (508) 755-4861 <http://whcma.com/>
- ◆ **AIDS Project Worcester** assists persons living with HIV/AIDS and their families and educates the community about sexually transmitted disease prevention. (508) 755-3773 <http://aidsprojectworcester.org/>
- ◆ **Planned Parenthood - Central Massachusetts Health Center** provides comprehensive and complementary reproductive health care services. (800) 258-4448 <http://www.plannedparenthood.org/health-center/findCenter.asp>
- ◆ **Edward M. Kennedy Community Health Center** is a full service provider of primary care, medical specialties, dental, mental health and social services. (508) 852-2122, (508) 852-1805 <http://www.kennedychc.org>
- ◆ **Daybreak/BWR** are designed to meet the needs of women and children whose lives are affected by interpersonal violence. All services are confidential and free of charge. All services can be accessed by calling the 24-hour hotline in your geographic area. Greater Worcester: (508) 755-9030 North Central Massachusetts: (978) 537-860 <http://www.ywcacentralmass.org/domestic-violence>
- ◆ **Pernet Family Health Service** provides home-based health and social services to individuals and families. (508) 755-1228 <http://www.pernetfamilyhealth.org/>



Mental Wellbeing

- ◆ The **Bridge of Central Massachusetts Inc.** provides services to individuals with intellectual or physical disabilities, severe and persistent mental health issues, and/or substance abuse challenges. (508) 755-0333 <http://www.thebridgecm.org/>
- ◆ **Community Healthlink Inc.** provides youth and family support, substance abuse treatment, outpatient counseling and homeless outreach. (508) 860-1000 <http://www.communityhealthlink.org/>
- ◆ **Pathways for Change** provides quality services to all persons whose lives have been affected by sexual violence. (800) 870-5905 <http://centralmasspfc.org/>
- ◆ **South Bay Mental Health Center** is a behavioral healthcare center offering adult day services, early intervention programs and outpatient mental health services. (508) 791-4976 <http://www.southbaymentalhealth.com>
- ◆ The **Women's Recovery Continuum** at Community Healthlink provides support for women who are recovering from addiction to drugs and/or alcohol. Programs include: Faith House, Maranda's House, and Orchard House. (508) 860-1202 <http://www.communityhealthlink.org/htmlpages/Resi-wrc.html>

Young Women

- ◆ The **Boys and Girls Club of Worcester** provides education and career development, sports, fitness and recreation opportunities and life skills for youth. (508) 754-2686 <http://bgcworcester.org/>
- ◆ **Children's Friend** provides services to meet the mental and emotional needs of children and strengthen families. (508) 753-5425 <http://www.childrensfriend.org/>

- ◆ **Girls Inc.** provides after-school programs, pre-teen and teen programs, and summer programs to girls Grades K-12. (508) 755-6455 <http://www.girlsincworcester.org/>
- ◆ The **Worcester Youth Center** provides youth between the ages of 14-24 with social, educational, and recreational opportunities. (508) 791-4702 <http://www.worcesteryouthcenter.org/>
- ◆ The **Investing in Girls Alliance** works to improve services for middle-school girls in greater Worcester through advocacy, education, research, and collaboration. (508) 757-5631 <http://www.investinggirls.org/>
- ◆ **YOU Inc.** provides child welfare and behavioral health services. (508) 849-5600 <http://www.youinc.org/>

Culture

- ◆ **African Community Education** provides educational and community-oriented programs targeted toward African refugee and immigrant children living in Worcester. (508) 799-3564 <http://www.acechildren.org/>
- ◆ **Centro Las Americas** provides social services for the Hispanic community. (508) 798-1900 <http://www.centrolasamericas.org/>
- ◆ **Southeast Asian Coalition of Central Massachusetts** enables Southeast Asians to integrate into mainstream society while helping them to preserve their cultural identity. (508) 791-4373 <http://www.seacma.org>
- ◆ **Worcester Cultural Coalition** is the unified voice of Worcester's cultural community and provides information on upcoming events in the community. (508) 799-1400 <http://www.worcestermass.org>
- ◆ **Worcester Interfaith Hospitality** building bridges between congregational and community leaders in an effort to serve and nurture homeless families regardless of income and family structure. (508) 755-2212 <http://ihnworcester.org/>