



Benefit summary – Effective July 1, 2011

The City of Worcester Advantage

With the City of Worcester Advantage, you have two plan options to choose from: Direct and Advantage. Both plans offer extensive benefits and features. You'll also have access to many of the best doctors, specialists and hospitals in the state. And, with the option of two plans to choose from, you have the flexibility to choose a network and a level of benefits that best fit your health care needs.

Direct

The Direct plan gives you a network of providers and hospitals chosen for their medical excellence, cost-efficiency and innovation. With Direct, you pay the same low copayments no matter what providers in the network you see. To find a provider in the Direct network, visit our Web site at www.WorcesterAdvantagePlan.org.

Advantage

The Advantage plan gives you the power to choose what you pay out of your own pocket, based on the providers you choose to see. Including over 24,000 providers the Advantage providers are tiered based on their accessibility to the community. Providers like UMass Memorial Health Care, Saint Vincent Hospital and the Fallon Clinic can all be found in Tier 1. For a listing of all Advantage providers, visit our Web site at www.WorcesterAdvantagePlan.org.

How to receive care

Choosing a primary care provider (PCP)

Your relationship with your PCP is very important because he or she will work with The City of Worcester Advantage to provide or arrange most of your care.

Obtaining specialty care

When you want to visit a specialist, talk with your PCP first. He or she will help arrange specialty care for you. The following services do not require a referral when you see a provider in your plan's network: routine obstetrics/gynecology care, screening eye exams, and behavioral health services. For more information on referral procedures for specialty services, consult your City of Worcester Advantage *Member Handbook/Evidence of Coverage*.

Emergency medical care

With The City of Worcester Advantage plans, you are covered for emergency services worldwide. Emergency services do not require referral or authorization. When you have an emergency medical condition, you should go to the nearest emergency department or call your local emergency communications system (police, fire department or 911). For more information on emergency benefits and plan procedures for emergency services, consult your City of Worcester Advantage *Member Handbook/Evidence of Coverage*.

1-866-674-6112

www.WorcesterAdvantagePlan.org

Powered by: Fallon Community Health Plan, Inc.

The City of Worcester Advantage

Plan specifics		Direct	Advantage	
Network	Direct gives you a network of providers and hospitals chosen for their medical excellence, cost-efficiency and innovation.		Including over 24,000 providers the Advantage providers are tiered based on their accessibility to the community. Providers like UMass Memorial Health Care, Saint Vincent Hospital and the Fallon Clinic can all be found in Tier 1.	
Plan year deductible A deductible is a set dollar amount you pay out of your pocket from July 1 st thru June 30 th before payment is made by the plan for certain covered services.		\$200 individual/ \$600 family	\$250 individual/ \$750 family	
The most any one person will pay in a plan year towards the deductible		\$200	\$250	
Benefits		Direct Your cost	Advantage Your cost	
Office services			Tier 1	Tier 2
Well child care exams, including routine tests and immunizations		\$0 per visit	\$0 per visit	
Routine adult exams, including routine tests and immunizations		\$0 per visit	\$0 per visit	
Routine GYN exams, including related lab tests		\$0 per visit	\$0 per visit	
Routine hearing exams, including routine tests		\$0 per visit	\$0 per visit	
Routine eye exams (one every 12 months)		\$0 per visit	\$0 per visit	
Family planning services – office visits		\$0 per visit	\$0 per visit	
PCP office visit Applies to Primary Care Physician, OB/GYN, Pre-natal, Post-natal and Podiatry services		\$15 per visit	\$15 per visit	\$20 per visit
Specialist office visit		\$25 per visit	\$25 per visit	\$30 per visit
Chiropractic care for the treatment of acute musculoskeletal conditions (up to 12 visits per plan year)		\$15 per visit	\$20 per visit	
Retail clinic (“Minute clinic”)		\$15 per visit	\$20 per visit	

Benefits	Direct	Advantage	
	Your cost	Your cost	
Office services		Tier 1	Tier 2
Short-term rehabilitative services: physical and occupational therapy (60 visits per benefit year)	\$15 per visit (after deductible)	\$20 per visit (after deductible)	
Speech therapy	\$15 per visit (after deductible)	\$20 per visit (after deductible)	
Diagnostic services (Lab, X-ray, etc.)	Covered in full (after deductible)	Covered in full (after deductible)	
Imaging (CAT, PET, MRI scans, Nuclear Cardiology) in a non-hospital setting <i>maximum of one copayment per day</i>	\$50 copayment (after deductible)	\$50 copayment (after deductible)	
Imaging (CAT, PET, MRI scans, Nuclear Cardiology) in a hospital setting <i>maximum of one copayment per day</i>	\$100 copayment (after deductible)	\$100 copayment (after deductible)	
Outpatient surgery	\$100 copayment (after deductible)	\$150 copayment (after deductible)	\$300 copayment (after deductible)
Inpatient hospital			
Unlimited days for room and board in a semiprivate room. The following is included in hospital services: <ul style="list-style-type: none"> Physicians' and surgeons' services Physical and respiratory therapy Intensive care services Prescribed private duty nursing (when medically necessary) Maternity care 	\$200 copayment per admission (after deductible) Copayment waived if readmitted within 30 days of discharge from an acute care or psychiatric hospital.	\$250 copayment per admission (after deductible) Copayment waived if readmitted within 30 days of discharge from an acute care or psychiatric hospital.	\$500 copayment per admission (after deductible) Copayment waived if readmitted within 30 days of discharge from an acute care or psychiatric hospital.
Emergencies <i>Copayments for ER services are waived if you are admitted to the hospital.</i>			
<i>In the service area</i> Emergency room services (All emergency room care must be reported to the plan within 48 hours.)	\$100 per visit	\$100 per visit	
<i>Out of the service area</i> Initial treatment of any unexpected illness or injury anywhere in the world (All emergency room care must be reported to the plan within 48 hours.)	\$100 per visit	\$100 per visit	
Mental health and substance abuse			
Unlimited outpatient visits	\$15 copayment per visit	\$15 copayment per visit	
Unlimited days in a general or psychiatric hospital	Covered in full	Covered in full	
Unlimited days for detoxification of substance abuse rehabilitation services in an inpatient setting	Covered in full	Covered in full	

Benefits	Direct Your cost	Advantage Your cost	
		Tier 1	Tier 2
Skilled nursing			
Skilled care in a semiprivate room up to 100 days per plan year	Covered in full (after deductible)	Covered in full (after deductible)	
Other health services			
Skilled home health care services	Covered in full (after deductible)	Covered in full (after deductible)	
Prosthetic devices and durable medical equipment	20% coinsurance (after deductible)	20% coinsurance (after deductible)	
Medically necessary ambulance services in life-threatening emergencies or when ordered by a plan physician	Covered in full (after deductible)	Covered in full (after deductible)	
Out of pocket maximum			
The out-of-pocket maximum is an additional protection for The City of Worcester Advantage plan member that limits the amount of copayments and deductible you pay. The only items that do not count towards your out-of-pocket maximum include payment for prescriptions, chiropractic services, mental and behavioral health as well as health insurance premiums. If you should reach this out of pocket maximum all other covered service are no cost to you.	\$1,500 individual/ \$3,000 family	\$2,000 individual/ \$4,000 family	
Exclusions			
Custodial confinement Long-term rehabilitative services Experimental procedures or services that are not generally accepted medical practice Cosmetic surgery Hearing aids			
Lab services not subject to deductible			
Preventive screenings, including: Cholesterol screenings, Hepatitis C screenings, HIV testing, Hypertension screenings, Immunizations, Lead testing, Mammograms, Pap tests, Routine urinalysis			

Value-added benefits and features for The City of Worcester Advantage

All apply to Direct and Advantage plans

It Fits! , an annual fitness reimbursement (including school and town sports programs, gym memberships at the gym of your choice, Weight Watchers®, aerobics, Pilates and yoga classes.	Reimbursements of: \$400 family \$200 individual
Oh Baby! , a program that provides prenatal vitamins, a convertible car seat and other “little extras” for expectant parents—all at no additional cost.	Included at no cost to you
Nurse Connect , free access to registered nurses 24 hours a day, seven days a week, 365 days a year.	Included at no cost to you
Out-of-area student coverage – students attending school outside the service area are covered for certain services with plan authorization.	Included at no cost to you
Access to get a second opinion and, if you choose, receive your care from a specialist at Boston hospitals through the Peace of Mind™ program.	Included at no cost to you
Free chronic care management.	Included at no cost to you
Pediatric dental available to eligible children under the age of 12, benefits include routine care, such as oral examinations, cleanings, bitewing x-rays, and fluoride treatments.	Office visit copayment applies
Quit to Win , a free counseling program with tobacco cessation experts in a group setting or by telephone.	Included at no cost to you
Fitness center discounts , in addition to the It Fits! reimbursement, members receive reduced rates on memberships to more than 70 health club facilities in Massachusetts.	Included at no cost to you
Eyewear discounts , save up to 35 percent at contracted vendors, including frames, prescription lenses and nonprescription sunglasses.	Included at no cost to you
Healthwise Knowledgebase , free online encyclopedia for information on diseases, treatment, medications and other important health topics.	Included at no cost to you
Online and in-store discounts at CVS/pharmacy , members get a 20 percent discount on more than 1,500 CVS/pharmacy-brand health-related products—good at any CVS/pharmacy store or online at cvs.com.	Included at no cost to you
FCHP Family Fun , members get discounted admissions and other savings at area attractions and activities, including indoor mountain climbing, museums, sports facilities and zoos.	Included at no cost to you

A complete list of benefits, exclusions and services not subject to the deductible is in the *Member Handbook/Evidence of Coverage*, available by request. This is only a summary.

Questions?

If you have any questions, please contact City of Worcester Advantage Customer Service at 1-866-674-6112 or visit our Web site, www.WorcesterAdvantagePlan.org.