# Regional Environmental Council

Creating a just food system, together.



# **Our Mission**

To bring people together to **create a just food system** and to build healthy, sustainable, and equitable communities in Worcester, MA and beyond.

## **Our Programs**

**UGROW:** We build and support Community and School Gardens across Worcester. We provide in school and after school garden programming as well as community gardening workshops.

**YouthGROW:** We provide economic opportunity and personal / professional development to Worcester youth through urban agriculture

**Community Farmers Markets:** We bring fresh, local produce to those who need it most through our Standing and Mobile Farmers Markets





#### **UGROW** Urban Garden Resources of Worcester



The UGROW Community & School Gardens Network increases access to and use of gardens throughout Worcester through direct resources, community building, and education.





# **UGROW Workshops**



# **School Gardens Programming**



# Farm to Early Childhood



# **Youth Growing Organics in Worcester**

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YouthGROW is an urban agriculturefocused youth development and employment program for Worcester teens.







# **Growing Together**



### Woo Sox Gardens





Ray







Cyndi



Kimora



Fidele & Tom

Naria

Erica

Lulu

Jalyna

#### **Community Farmers Markets** Standing and Mobile Farmers Markets



The goals of the **Community Farmers** Markets Program is to increase food security in our cities by creating access to locally grown and culturally relevant food, while lifting up local farms and creating inclusion of more diverse farms and farmers.



#### Mobile and Community **Farmers Markets**



Full Schedule: www.recworcester.org 508-799-9139







## **Healthy Incentives Programs**





### **Get Involved**



- Drop in volunteer hours
  Gardening Workshop
  School Garden Summer volunteers
- Internships
- Learn more at www.recworcester.org



### **Contact Information**



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