DATE: May 18, 2022

TO: Commission on Elder Affairs & Interested Parties

FROM: Robin Bahr Casey, Chair

SUBJECT: Meeting Notice and Agenda for May 23, 2022, 4 pm via webex

The next meeting of the Commission on Elder Affairs will be held on Monday, May 23, 2022 at 4 pm via webex. Members who cannot attend, please contact Amy Vogel Waters at 508-799-1232 x48013 or WatersA@worcesterma.gov.

Join:

https://cow.webex.com/cow/j.php?MTID=mbfbd7617359e1f9de8a421b620ad7a01

Meeting number: 2305 783 2669

Password: ujMGgrCa255

Join by video system Dial 23057832669@cow.webex.com You can also dial 173.243.2.68 and enter your meeting number. Join by phone+1-415-655-0001 US Toll Access code: 230 578 32669

BUSINESS MEETING AGENDA

- I. Commission on Elder Affairs Chair
 - a. Call to Order/Roll Call
 - b. Approval of Commission Minutes of April 25, 2022 meeting
 - c. Approval of Senior Center Committee Report on May 10, 2022 meeting
- II. Elder Affairs Staff Reports
- a. Director Report Strategic Plan Goal and Objectives
- b. Senior Center Operations Director Report
 - 1. Developing and Offered Programs
 - 2. Facility and Grounds
- c. Manager of Senior Services & Education Report
 - 1. Outreach, Information, Referral and Advocacy
 - 2. Multi-cultural Programs & more
- III. Commission on Elder Affairs Chair
 - -comments &/or questions from Commission members
 - -comments from others-up to 2 minutes each
 - -confirm next meeting- June 27, 2022 at 4 pm via webex
 - -Adjourn

The City of Worcester/ Division of Elder Affairs does not discriminate on the basis of disability in admission to access to, or operation of its programs, services or activities. The City does not discriminate on the basis of disability in its hiring or employment practices. Auxiliary aids and services, written materials in alternative formats, and reasonable modifications in policies and procedures to persons with disabilities will be provided upon advance request. Please contact Amy Vogel Waters at 508-799-1232 or watersa@worcesterma.gov or the ADA Coordinator at disabilities@worcesterma.gov.

Commission on Elder Affairs--Minutes April 25, 2022

Present: Robin Bahr Casey-Chair, Fran Langille, Kathan Horne, Lovo Loliego, Nghia Le, Richard Shea, Tamara Cullen, Thuha Le, Patty Hainsworth, & Amy Waters.

Robin called the meeting to order at 4:02 pm at the Senior Center. She read a thank you note from former Commission member, Theresa Eckstrom, and announced that Paul Franco has resigned from the Commission. The minutes of the Commission on Elder Affairs meeting of March 28, 2022 were approved (m/s/a). The Senior Center Committee Report on the April 21, 2022 meeting was approved (m/s/a). It was also voted that the official meetings in May and June 2022 will be held virtually (m/s/a).

Amy reported on, and the Commission discussed the following: FY'22 fact sheet distributed; this month there were 2 known positive cases at the Senior Center and all protocols were followed—the Commission supports making a strong recommendation to visitors at the Senior Center to wear masks; remote programs increased by 9 this month; the City Manager recommended and the staff implemented the purchasing of technology by the end of FY'22 instead of requesting it for FY'23 capital; the City Council will hold budget hearings in May; FY'22 state COA funds and a fully signed 10 year contract arrived; the yoga instructor will present a new wellness series funded via Fallon Health; there have been 303 different programs offered in this fiscal year which is 106% of the FY'22 goal; Subcontracted program evaluations were reviewed by the Senior Center committee for consideration of allocations for FY'23; Staff demonstrated amazing teamwork during this month when illness, emergencies and vacations reduced coverage; 3 license renewals for space are in process; average daily attendance is still 35% lower than it was for the same time period in fy'19 (pre-pandemic); and, the HHS Commissioner is meeting with all the multicultural elder groups re: the pandemic and any other issues which emerge.

Patty reported on, and the Commission discussed the following: the new fitness center is almost finished, with the windows being put in now; the landscaper is making big improvements; there is a lot of interest in the community gardens which will be planted soon; earth day will focus on trash clean up; the mobile farmer's market will be moving outside soon; AARP sponsored the shred truck today and again in May; volunteer recognition took place; new exercise instructors on board; walking club starting; Age Friendly Worcester kick off coming up; and there will be 3 distinguished speakers for the tercentennial celebration in June.

The meeting adjourned at 4:45 p.m. (m/s/a)

REPORT TO THE COMMISSION ON ELDER AFFAIRS Senior Center Committee May 10, 2022 VIA Webex

Present: Robin Bahr Casey-Chair, Fran Langille, Caroline Sullivan, Patty

Hainsworth, Amy Waters

The meeting was called to order via webex at 12:05 pm. Waiting for a quorum, the agenda was rearranged per this report.

Amy reported on and the committee discussed the following: The FY'23 tax levy recommended budget is now online and it reflects what was expected for Elder Affairs, that is, usual salary adjustments and enough funds to cover the Fitness Center management contract; the city council is scheduled to review the Elder Affairs budget on May 24th @ 5 pm; continuing to update leases; as a result of a fire drill, getting emergency lights for tenant in need.

Patty reported on and the committee discussed the following: Both college internships are ended and will be missed; the new landscaper is providing good service; the community gardens are starting; the parking lot will be repaved and lined to finish the solar project soon; the fitness center windows and alarms are installed; kitchen heating unit repaired; tomorrow is the Age Friendly Worcester event and the cardiologist talk; 2 shred events went well; Lots of new exercise and health programs coming up and the walking club kicked off with over 40 participants; the Fraud Squad will be performing; 3 events for the city's tercentennial in June; summer concert series coming as well as an artist's exhibition and reception; and the WSC acting class will be performing in June.

Now with a quorum, the minutes of the April 21, 2022 meeting were approved (m/s/a). The FY'23 projected funding sources were reviewed. After consideration, the preliminary FY'23 allocations were recommended as follows, contingent upon funding availability and authorizations:

| 1)Af Amer Elder Coor | \$4,797 |
|-----------------------------|-----------|
| 2)Club 60+ Latino | \$22,785 |
| 3)Computer lab | \$2,400 |
| 4)Chinese Elder/Respite | \$22,785 |
| 5)Elder Home Maint. | \$18,355 |
| 6)Eld O.R. St.Pauls | \$113,533 |
| 7)Eld O.R. Ascentria | \$24,223 |
| 8)ESWA Nutrition | \$5,421 |
| 9)Fitness/Wellness Programs | \$28,200 |

| 10)Interpreters | \$10,000 |
|------------------------------|-----------|
| 11)Transportation | tbd |
| 12) age/dementia friendly | \$7,000 |
| 13) walking club | \$1,800 |
| 14)landscaping | \$0 |
| 15)COA Personnel | \$192,535 |
| 16)Dues/Training | \$7,000 |
| 17)2% COA Admin | \$7,202 |
| 18)Misc Fee Subsidies, | \$11,000 |
| Programs, Supplies | |
| 19) SEAC food delivery | tbd |
| 20) Grandpad subscr. | \$15,000 |
| 21) Other Tech | \$15,000 |
| 22) Fitness Center Operation | \$347,707 |
| 21)Contingency | \$46,510 |
| TOTAL | \$903,253 |

The results of a request for proposals for door to door transportation will be reviewed to determine a recommended allocation in the June meeting. An allocation to support food delivery will be assessed in relation to the impact of the pandemic. (m/s/a)

The meeting adjourned at 12:50 pm. (m/s/a)